



## Sport & Social Club General Rules

### COVID-19 RETURN TO PLAY PROTOCOLS & GUIDELINES

- We are committed to providing the highest levels of safety for our community. To ensure player and staff safety, we have implemented mandatory **'Safe Return to Play Protocol & Guidelines'** for all Club Activities. In order to play with SSC and stay in good standing, the following guidelines MUST be followed. A zero-tolerance policy is in place for those who challenge these decisions.
- To ensure a successful season, please remember to practice safe physical distancing and a positive attitude!
- All players are required to read, understand, and adhere to the following:
  - [League Modifications](#)
  - [Player Guidelines](#)
  - [League Representative Guidelines](#)
  - [Self Screening Tool](#) (done before each game).
  - [Sport Specific COVID-19 Protocols](#) and modifications to the game, class or activity.
  - Facility specific COVID-19 Protocols (you can find these protocols in the facility link in your schedule once live).

### TEAM SAFETY AMBASSADOR (TSA)

- All teams must assign a Team Safety Ambassador (TSA) for the season.
- The TSA must be a registered player and identified using the "TSA" label in your online roster.
- **TSA Role:**
  - Watch a pre-season Safe Return to Play training video.
  - Keep a record of attendance at each game. This record may be called upon for contact tracing.
  - Ensure individual wellness checks "COVID-19 Self Screening" are completed by each player prior to each game.
  - Ask players to leave the game if they arrive showing symptoms of cold or flu.
  - Ensure physical distancing measures are enforced by your team. Physical distancing of two meters is mandatory when players are arriving on-site, resting/sitting on the sidelines, and departing the game.
  - Players must always stay within their designated bench or standing area while not on the playing surface.
  - Ensure your team follows posted ENTER / EXIT signage at facilities (controlled traffic flow).
  - Remind all players to arrive on time and leave immediately after the game is over.
  - Ensure your team is following the equipment sanitization requirements for your sport.
  - Ensure all players have read and understand mandatory Club COVID-19 Protocols.

### LEAGUE MODIFICATIONS DUE TO COVID-19

- As part of our "Safe Return to Play" format, we are focusing on the safety of our staff and players and leaning into the FUN and SOCIAL aspects of our leagues!
- **League Guidelines** – For further details, [click here](#).
  - There will not be trophies or prizing this season, however, leagues will have playoffs, scores and standings.
  - When possible, leagues will be played in smaller Tiers to ensure limited contact with opponents throughout the season. Tiers will be determined based on skill rankings (at registration) and past league results.
  - Each Tier will be confined to a limited number of facilities. You will play at consistent location(s) throughout the season. Please note, we are unable to accommodate or make facility changes based on individual requests this season.
  - Depending on facility requirements, game times may be staggered to ensure safe traffic flow.
  - Players are asked to compete with a "Play On" mentality. No arguing or disputing calls made during the game.
  - If provincial public health regulations are updated, league modifications may adjust accordingly.



## SSC Official AirBadminton Rules – Adjusted for COVID-19

<b>GAME LENGTH &amp; LEAGUE STRUCTURE</b>	<ul style="list-style-type: none"> <li>• SSC AirBadminton league is based on a casual gameplay format and will not have standings. Your opponent will be different for each game. The courts will be reserved for a specific amount of time according to the online schedule. Players join an open game as the courts become available.</li> <li>• You can stay and play the full amount of time, or ‘drop-in’ at your leisure.</li> <li>• SSC does not use a ranking system to indicate the different skill level of its members nor does it use a system to impose time limits on matches. Rather, SSC uses the "honour system" to keep track of who is next up to play. Be courteous by allowing players that have not had a chance to play or warm up to do so.</li> <li>• No consecutive matches amongst teams or individuals.</li> <li>• <b>Players are required to arrive and depart directly before and after their games to avoid larger groups of people. Remain in your vehicle until the playing space has been vacated by the previous teams. Do not loiter or linger unnecessarily.</b></li> <li>• <b>Physical distancing of two meters is mandatory when players are arriving on-site, playing the sport, resting/sitting on the sidelines, and departing the game. Directional signage will be posted onsite when possible to ensure physical distancing is followed.</b></li> <li>• Spectators are not permitted (including kids and pets).</li> <li>• There is no warm-up time allocated on court (players may warm up off court from a safe distance).</li> </ul>
<b>EQUIPMENT</b>	<ul style="list-style-type: none"> <li>• Players are responsible for bringing their own racquets.</li> <li>• Do not share your racquet with other players.</li> <li>• Outdoor shuttles will be provided on-site. <b>Shuttles must be sanitized between each game.</b></li> <li>• Nets are setup by the onsite SSC Game Coordinator.</li> <li>• <b>Players are strongly encouraged to bring their own lawn chair as most locations do not have benches.</b></li> </ul>
<b>SKILL LEVELS</b>	<ul style="list-style-type: none"> <li>• All skill levels are welcome (beginner to advanced).</li> </ul>
<b>GENERAL GAME RULES</b>	<p><b>SSC Air Badminton plays an 11 Rally Point Scoring System and Best out of 5 Games (which equals 1 match).</b></p> <ul style="list-style-type: none"> <li>• To determine first serve or side of court, players should participate in rock-paper-scissors.</li> <li>• The victors of the first game of the match serves first in the subsequent game and so forth.</li> <li>• There is a 3-meter serving marker (or pylon) clearly visible on the sideline. The player shall serve from anywhere behind this marker within the court, with both feet stationary. The server may direct the AirShuttle anywhere into the opposition’s playing area beyond the 2-meter dead zone line.</li> <li>• Dead zone: There is a 2-meter zone marked out at the front of the court if the shuttle lands in this zone it is considered a fault. Players are also not permitted to step inside the dead zone to hit the AirShuttle, after the hit, the player can step or land inside the dead zone.</li> <li>• There is no centre line that divides the court into equal left or right service courts.</li> <li>• If the serving side wins a rally, the serving side scores a point.</li> <li>• If the receiving side wins a rally, the receiving side scores a point. The receiving side becomes the new serving side.</li> <li>• <b>For the duration of the match, players must stay on the same side of the court.</b></li> <li>• <b>No handshakes or high fives between teams – All greetings and congratulations should be vocal.</b></li> </ul>
<b>SCORING</b>	<ul style="list-style-type: none"> <li>• Points are scored if a serve lands on the opponent’s court without being volleyed back or if the opponent returns a volley outside of the court. The player who gains the point retains the serve until it is broken by the opponent.</li> <li>• A winning score in AirBadminton is 11. A player must win by two points unless the score is 12-12, the 13<sup>th</sup> point would then win.</li> <li>• A winner of an AirBadminton match is the one who wins the best of 5 games.</li> </ul>
<b>FAULTS AND LETS</b>	<p><b>Faults</b></p> <p>Faults can occur for a wide variety of reasons, including:</p> <ul style="list-style-type: none"> <li>○ Improper shuttle contact, improper shuttle landing, improper player contact, player misconduct, or double hits.</li> <li>○ A player touches the net or poles with their body, racquet or clothing.</li> </ul>

	<ul style="list-style-type: none"><li>○ Crosses under/over the plane of the net with their body, racquet or clothing.</li><li>• Hard smashing is discouraged in the game of AirBadminton. Please respect the level of your opponents.</li></ul> <p><b>Lets</b></p> <ul style="list-style-type: none"><li>• Lets can be called for a variety of reasons, including if a shuttle is caught on top of or in the net, if both players fault, if a player is unready for a serve, if a shuttle falls apart, or if there is a service court error.</li></ul>
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**REMEMBER... ALWAYS HAVE FUN & PHYSICALLY DISTANCE!**